

# SACCARAPPA YAPPER

Published by Saccarappa Obedience Club, Inc.  
Member of the American Kennel Club  
Established 1966  
Call us at 854-DOGS or visit us at SOCDOGS.com

## August 2011

Next newsletter deadline: September 10, 2011

### 2011 Officers & Board:

<b>PRESIDENT:</b>	Mary Jo McCormack
<b>VICE PRESIDENT:</b>	Bob Tripp
<b>REC. SECRETARY:</b>	Mary Tripp
<b>CORR. SECRETARY:</b>	Claire Marx
<b>TREASURER:</b>	Brenda Proulx
<b>BOARD OF DIRECTORS:</b>	Bob Cuzner, Lois Hoyt, Drema Shaw
<b>PAST PRESIDENT:</b>	Chris Berg
<b>AKC DELEGATE:</b>	Stephanie Ilka

**NEXT MEETING:** Wednesday, August 24, 2011 @ 7pm  
at the Barron Center  
Brighton Avenue in Portland

**Refreshments:** Brenda Proulx, Connie Legasse, Carol Crosby

### MEMO TO MEMBERS:

Please change the following phone numbers on your 2011 membership list.

Jane Miller – 318-8783  
Genny Langille – 894-5191

The past two months I have inserted in the newsletter rules and regs for the new titling obedience classes we will be offering at our trials September 24 & 25. This month will be **????????**

## **TRIAL NEWS:**

Premium lists are out. If you'd like one, let Claire know. They are up on the SOCDOGS.com website as well.

Entries close 9/7. If you'd like to put an ad in the catalog, let Mary Jo know and she'll help you do a great ad. Nice ads make our catalog look great! And remember, club members pay HALF price... what a deal!!

Jolene is doing the silent auction, so if you have baskets or items please get them to her BEFORE the Friday we set up the gym. She comes on Monday training classes and will be at the August meeting.

We will be setting up Friday September 23rd and will need lots of help. Claire will let everyone know what time. It is usually around 6pm.

Deb Lawler will be looking for stewards and don't forget to bring your sandwiches and/or sweets. There will be a list in next month's newsletter as to what you should bring.

Cindy is doing the memorials and booster pages. The memorials are free of charge, boosters are \$1 per line. A great way to support your club.

Remember if you offered a trophy, please be sure Rebeccah has it by Friday 9/23.

Please send any news and/or brags to me at [cmarx29707@aol.com](mailto:cmarx29707@aol.com). Send anything you think the membership would be interested in.

## **PAWS FOR APPLAUSE:**

From Mary Tripp: "Jack" has been busy doing what he was bred for.... herding. July 17th he qualified and was 2nd in cattle, 2nd in sheep, and High in Trial other breed. Sunday he qualified in advanced ducks. (If you don't know what all that means, just ask him - he'll be glad to explain!!)

Barbara Belicose PWD "Sandy" earned an advanced water title last weekend at the water trials.

Lois Hoyt's Aussie "Elliot" earned two majors last weekend at shows in NY.

Congratulations to everyone who got their CGC at the summer picnic. It was a really nice day and we all thank Ed and Kathy McLean. Thanks to Bob Tripp for cooking the hamburgers and hotdogs - the food was delicious and the company excellent!

**Saccarappa Obedience Club  
Regular Monthly Meeting  
July 24, 2011**

The regular monthly meeting and annual picnic of the Saccarappa Obedience Club was held on Sunday, July 24, 2011 at Ed and Kathy McLean's home. The meeting was called to order at 2:02 P.M. by President, Mary Jo McCormack. There were 22 members and 4 guests present.

Secretary's report was accepted as read after the following change: \$7.50 for a half page ad.

Treasurer's report was accepted as read. Motion was made by Bob Cuzner to pay the bills and seconded by Genny. Motion passed.

**Correspondence:**

There was no correspondence.

**Committee Reports:**

The premium lists were mailed and also passed out at the meeting.

**Unfinished Business:**

The mats are in the trailer. Mary Jo needs to check with Rusty on the embroidery. Jolene is still looking for baskets for the trial. Runs thrus start August 1. You need to sign up with Brenda. Thank you to Ed and Kathy for hosting the picnic again this year.

**New Business:**

There was no new business.

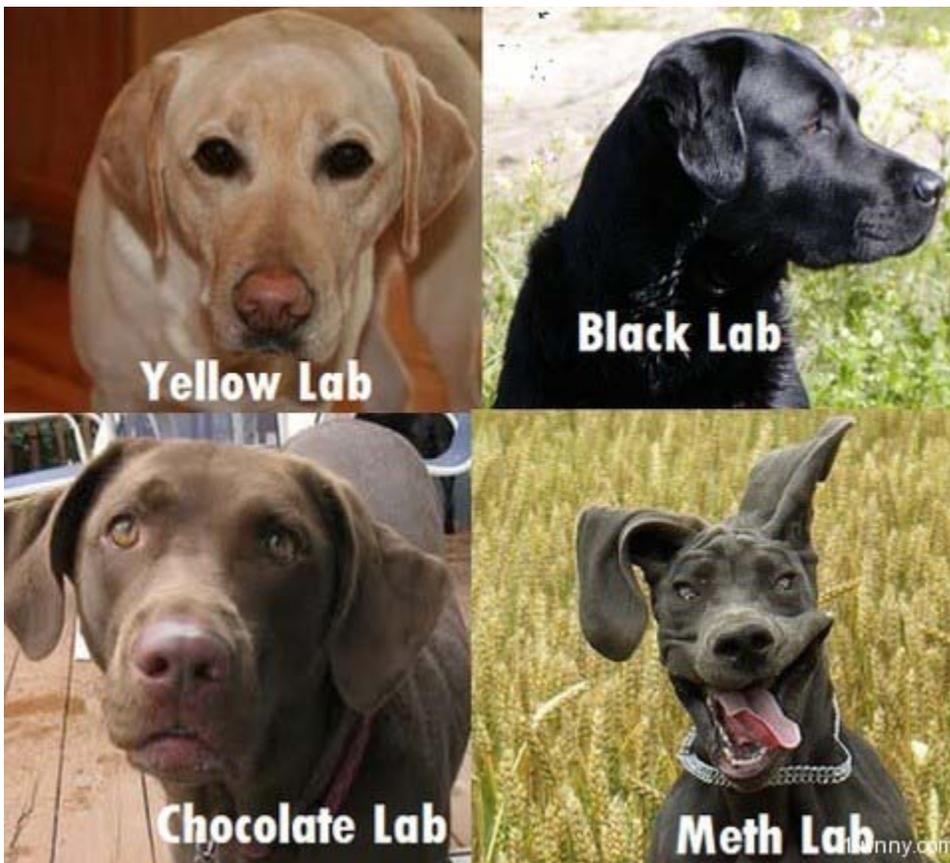
A motion was made by Bob Cuzner to adjourn at 2:25 P.M. and seconded by Brenda. Motion passed.

Respectfully submitted,  
Bob Tripp, Vice President

A friend of mine, who is a retired police officer, wrote the following:

As a law enforcement officer, I have been approached lately by several people wanting to know how to identify a Meth Lab.

Following are four photos. I think it's pretty obvious which one is the meth lab.



I hope this helps. Let me know if I can be of any further service.

=

## War Dogs .....

When Obama went to Fort Campbell , Kentucky , last week for a highly publicized, but very private meeting with the commando team that killed Osama bin Laden, only one of the 81 members of the super-secret SEAL DevGru unit was identified by name: Cairo , the war dog. Cairo, like most canine members of the elite U.S. Navy SEALs, is a Belgian Malinois. The Malinois breed is similar to German shepherds but smaller and more compact, with an adult male weighing in the 30-kilo range.



(German shepherds are still used as war dogs by the American military but the lighter, stubbier Malinois is considered better for the tandem parachute jumping and rappelling operations often undertaken by SEAL teams. Labrador retrievers are also favoured by various



military organizations around the world



Like their human counterparts, the dog SEALs are highly trained, highly skilled, highly motivated special ops experts, able to perform extraordinary military missions by Sea, Air and Land (thus the acronym). The dogs carry out a wide range of specialized duties for the military teams to which they are attached: With a sense of smell 40 times greater than a human's, the dogs are trained to detect and identify both explosive material and hostile or hiding humans. The dogs are twice as fast as a fit human, so anyone trying to escape is not likely to outrun Cairo or his buddies.



The dogs, equipped with video cameras, also enter certain danger zones first, allowing their handlers to see what's ahead before humans follow. As I mentioned before, SEAL dogs are even trained parachutists, jumping either in tandem with their handlers or solo, if the jump is into water. Last year canine parachute instructor Mike Forsythe and his dog Cara set the world record for highest man-dog parachute deployment, jumping from more than 30,100 feet up — the altitude transoceanic passenger jets fly at. Both Forsythe and Cara were wearing oxygen masks and skin protectors for the jump. Here's a photo from that jump, taken by Andy Anderson for K9 Storm Inc. (more about those folks shortly).



As well, the dogs are faithful, fearless and ferocious — incredibly frightening and efficient attackers. I have seen it reported repeatedly that the teeth of SEAL war dogs are replaced with titanium implants that are stronger, sharper and scare-your-pants-off intimidating, but a U.S. Military spokesman has denied that charge, so I really don't know (never having seen a canine SEAL face-to-face). I do know that I've never seen a photo of a war dog with anything even vaguely resembling a set of shiny metal chompers. When the SEAL DevGru team (usually known by its old designation, Team 6) hit bin Laden's Pakistan compound on May 2, Cairo's feet would have been four of the first on the ground. And like the human SEALs, Cairo was wearing super-strong, flexible body Armour and outfitted with high-tech equipment that included "doggles" — specially designed and fitted dog goggles with night-vision and infrared capability that would even allow Cairo to see human heat forms through concrete walls. Now where on earth would anyone get that kind of incredibly niche hi-tech doggie gear? From Winnipeg, of all places. Jim and Glori Slater's Manitoba hi-tech mom-and-pop business, K9 Storm Inc., has a deserved worldwide reputation for designing and manufacturing probably the best body Armour available for police and military dogs. Working dogs in 15 countries around the world are currently protected by their K9 Storm body Armour.

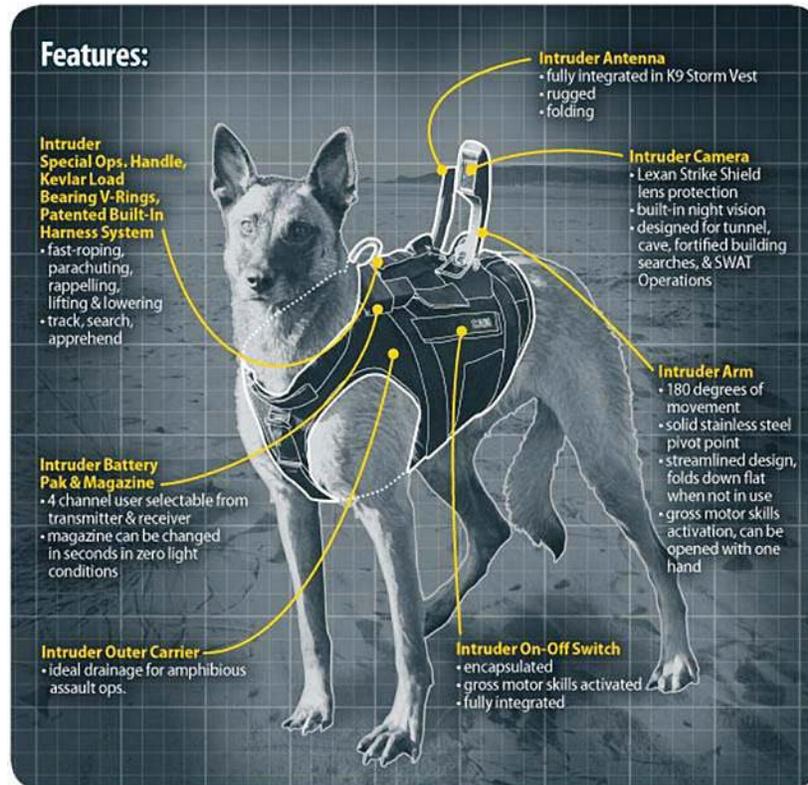


Jim Slater was a canine handler on the Winnipeg Police Force when he crafted a Kevlar protective jacket for his own dog, Olaf, in the mid-1990s. Soon Slater was making body Armour for other cop dogs, then the Canadian military and soon the world. The standard K9 Storm vest also has a load-bearing harness system that makes it ideal for tandem rappelling and parachuting.

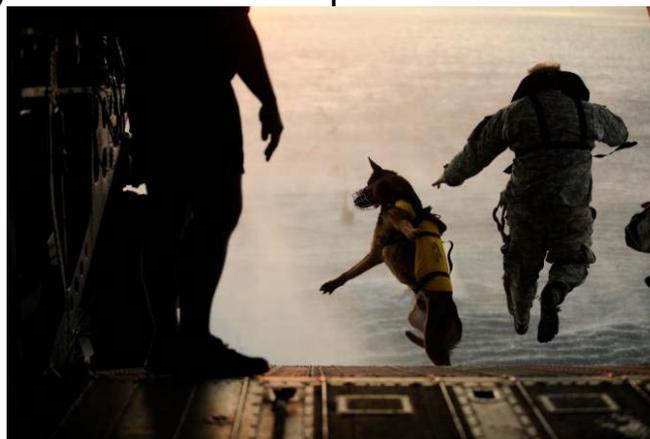


And then there are the special hi-tech add-ons that made the K9 Storm especially appealing to the U.S. Navy SEALs, who bought four of K9 Storm Inc.'s top-end Intruder "canine tactical assault suits" last year for \$86,000. You can be sure Cairo was wearing one of those four suits when he jumped into bin Laden's lair.

Here's an explanation of all the K9 Storm Intruder special features:



Just as the Navy SEALs and other elite special forces are the sharp point of the American military machine, so too are their dogs at the top of a canine military hierarchy. In all, the U.S. military currently has about 2,800 active-duty dogs deployed around the world, with roughly 600 now in Afghanistan and Iraq . Here's the link to a dandy photo essay about U.S. war dogs that just appeared in the journal Foreign Policy. Several of the photos I have included here are from Foreign Policy, as you will see. Other photos are from K9 Storm Inc.





As for the ethics of sending dogs to war, that's pretty much a moot point, don't you think? If it's ethical to send humans into combat, then why not dogs? At least the U.S. now treats its war dogs as full members of the military. At the end of the Vietnam War, the U.S. combat dogs there were designated as "surplus military equipment" and left behind when American forces pulled out.



**Paws**  
*for a Cause*

## A Walk for Dogs, Owners and Friends!

Discovery Park

This year's host is  
former Governor, Angus King

9:30 a.m. Dog Walk Check-In

10 a.m. Walk Begins

11 a.m. Participate in fun contests with  
your canine: *Best Barker, Best Dressed,  
Best Kisser, Best Tail Wagger, and more*

11:30 a.m. Contest Winners Announced

Preregistration is required  
for all walkers.

Sign up at [firstgiving.com/chsdogwalk](http://firstgiving.com/chsdogwalk)

*All proceeds from the Dog Walk  
will benefit the animals in the  
Coastal Humane Society shelter.*

[coastalhumanesociety.org](http://coastalhumanesociety.org) • 207-725-5051



Please help us  
maintain an enjoyable  
experience for all.

- All dogs must be on a leash, well-behaved, socialized, and by your side at all times.
- Cats or other pets should **not** be brought to this event.
- Please leave easily stressed dogs at home—bring a photo of them instead.
- Please be prepared to clean up after your dog.



**Maine state law  
mandates that only  
trained service dogs  
may enter the store.**

All activities are free unless  
otherwise noted. For more information,  
visit [llbean.com/freeport](http://llbean.com/freeport)

*Activities and times are subject to  
change or cancellation without notice.  
Please call 877-755-2326 for updates.*

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**DOG  
DAYS  
OF AUGUST**



Bring your canine companion to  
this mid-summer celebration!

**August 20, 2011**

summer in the **PARK**

**10 a.m.-Noon**  
**Ask a Veterinarian**

This is a great opportunity to ask Dr. Michelle Maloney from The Pets Mobile Vet questions regarding the care and health of your dog.

*Discovery Patio*



**11 a.m.**  
**Canine Contests**  
**Coastal Humane Society**

Prepare your dog to participate in some fun competition, including Best Barker, Best Dressed, Best Kisser, Best Tail Wagger and more.

*Discovery Park*

**11 a.m.-1 p.m.**  
**Togas, A Coon Cat Finds a Home**

Book signing with author Don Carrigan.

*Discovery Lobby, Flagship Store*

**11 a.m.-3 p.m. | Face Painting for Kids**

With ArtVan mobile arts program.

*Discovery Patio*

**11 a.m.-3 p.m. | Pet Caricature Artists**

Capture the sweet personality of your special companion in the way that only a true work of art can.

*Discovery Patio*

**11 a.m.-3 p.m.**  
**Canine Massage Therapy**  
**Carol LePage, Jazzmin's Healing Center**

Learn how therapeutic application of hands-on, deep tissue and Reiki techniques can increase circulation, enhance muscle tone, promote healing and increase range of motion in all breeds of dogs.

*Morse Street*

**11 a.m.-4 p.m.**  
**Bob for Good**  
**Planet Dog**

Try Planet Dog's eco-friendly, doggie-durable, floating Orbee-Tuff® Glow for Good balls. 100% of Glow for Good Ball sales goes to the Planet Dog Foundation to fund the training, placement and support of assistance dogs working to help people in need.

*Morse Street*

**20% OFF**

**All products  
for your dog.\***

*\*Offer valid August 20, 2011, at the L.L.Bean Flagship Store in Freeport, ME, only, while supplies last. Not valid at other retail stores, Outlets, by telephone, mail order, or Web. Not valid with any other discounts.*

**11:30 a.m. & 12:30 p.m.**  
**Police Dog Demonstration**

Come see Officer Michelle Small and her German shepherd, Keylo, in action.

*Discovery Park*



**Noon, 1 p.m. & 2:30 p.m.**  
**Service Dog Demonstrations**

We'll have a variety of service dogs that help enhance and save human lives. Meet these remarkable animals and learn about the roles they play in your community.

*Discovery Park*

**Noon-1 p.m.**  
**Animal Communication Seminar**  
**Judy Garbow, Intuitive Energy Expert**

Most problems in animals can be traced to something happening around them rather than in the animals themselves. Learn how to improve communication with your pets. Judy will also be available for pet readings before and following her seminar.

*Morse Street*



50% of all L.L.Bean dog bed sales will be donated to the Planet Dog Foundation to fund the training, placement and support of assistance dogs working to help people in need.  
*Free dog gifts throughout the event!*

**Noon & 2 p.m. | Tricks to Training**  
**Diana Logan, Pet Connection Dog Training**

This is a great chance to introduce your dog to basics like leash walking and jump control.

*Discovery Park*

**Noon-2 p.m.**  
**Sit Means Sit Dog Training**

See the talents of these exceptionally trained dogs as they perform tricks, jumps and flips in this off-leash obedience demonstration.

*Discovery Park*

**Noon-2 p.m.**  
**Rabies Clinic with Dr. Michelle Maloney**

All dogs in the state of Maine must be vaccinated against rabies. Enjoy discounted rates today only!

Rabies Vaccines, \$10; Nail Trimming, \$10;  
Ear Cleaning, \$5; Microchipping, \$20.

*Discovery Patio*

**1-4 p.m. | Canine Good Citizen Test**  
**The Capable Canine**

CGC is a certification program designed to reward dogs that have good manners at home and in the community. All dogs that pass the 10-step CGC test receive a certificate from the American Kennel Club.

*Discovery Park*

**1 p.m. | Enjoy a free Sea Dog Biscuit!**

*While supplies last.*

*Morse Street*

**1:30 p.m. & 3 p.m. | Agility Course**  
**Happy Tails Dog Daycare**

**Greater Portland's Premier Dog Studio**

Your dog will love playing on the equipment in this fun agility course—just like you've seen on TV. A trainer will be on hand to demonstrate and offer tips.

*Discovery Park*

**2 & 3:30 p.m.**  
**Pointing Dog Demonstration**

North American Versatile Hunting Dog Association, Yankee Chapter.

*Discovery Park*





# Evaluator News

from Canine Good Citizen®



Dear AKC CGC Evaluators,

We'll keep this communication short and sweet. We are pleased to announce the new

## AKC THERAPY DOG TITLE!

### HOW IT WORKS:



*Touching Hearts. Changing Lives.*

AKC will not certify or test therapy dogs. Instead, we will work with existing therapy dog certification/registration organizations that are the experts in this area.

A therapy dog title has consistently been one of the most requested titles ("Please add a therapy title to acknowledge the great work our dogs do!") at AKC.

This title is for dogs who have already worked as therapy dogs.

### REQUIREMENTS

To earn the AKC Therapy Dog title, you and your dog must meet the following criteria:

1. Certified/registered by an AKC recognized therapy dog organization
2. Perform a minimum of 50 visits
3. The dog must be registered or listed with AKC. Because we add the title to a dog's AKC record, the dog needs an AKC number to earn the title.

Both purebred and mixed breed dogs are welcome to apply for the AKC Therapy Dog title. Mixed breed dogs enroll in AKC Canine Partners to acquire a number for earning titles.

To learn more or to download an application, visit [www.akc.org/akctherapydog](http://www.akc.org/akctherapydog), or contact us at (919) 816-3900 or [akctherapydog@akc.org](mailto:akctherapydog@akc.org)

# Separation Anxiety by Stephani Morancie

Separation anxiety (SA) is a behavioral disorder where a dog feels severe distress when separated from its group. This can often be in the form of a panicky reaction or depression.

The common signs of separation anxiety are being a velcro dog, showing departure cue anxiety, destruction, vocalization, elimination, excessive greeting behavior (over excited), self destructive behavior, drooling, vomiting, and/or the inability to eat while owner is away. Usually, if a dog displays just one of these behaviors, it is not automatically assumed that the dog suffers from SA. Instead, the dog needs to show a few of these signs. And, there are varying levels of SA (some dogs suffer more than others).

Crating often leads to self harm because dog tries to escape the crate. The same can happen in a home—some dogs jump through windows to get outside.

There are some behaviors that people perceive as separation anxiety, but are not. Barrier frustration is one. Lack of stimulation leading to destructive behavior is another. Incomplete housetraining is a third. It is important to obtain the correct diagnosis in order to treat your dog appropriately.

Separation anxiety stems from lack of confidence and, according to Dr. Nicholas Dodman, it is very prevalent in dogs with dysfunctional backgrounds (multiple homes, etc). There is a strong association with noise phobia, so if you have a dog with SA, then you will want to keep an eye on him or her firework and thunderstorm season approaches.

Things that can trigger SA: boarding, bereavement, a change in an owner's schedule, multiple relocations. Some dogs will go years without experiencing SA and others will experience it the first time they are left alone.

Those random departure/densensitization of leaving cues instructions that you read about on the internet? They do not work (according to studies done by Dr. Dodman). The problem is that the dog is actually having panic attacks when left alone. Having longer and longer absences doesn't work, either. These things don't work for true SA. A lot of dogs have a pseudo SA and this treatment does work.

Here are the basics for treating SA:

- Break the anxiety cycle
- Make leaving fun
- Environmental enrichment
- Low key returns (everyone should do this, even if their dog doesn't have SA)
- Independence training
- Medication

So, let's take each one step by step. Each step needs to be done in conjunction with each other – doing one step will not solve the problem for most dogs.

## **Break the cycle!**

Doggy daycare, pet sitter, friend or relative takes care of dog, dog walker.

## **Make leaving fun!**

Or, "oh, good, you are leaving now!" Make sure that you do not sympathize with the dog - this can change our entire demeanor, so the dog reacts to that. Keep your goings upbeat and fun. Give instructions - sit, be a good dog, etc.

# Separation Anxiety [SA] continued

Make sure that leaving = good things, so Kongs, Buster cubes, interactive toys, etc.

## **Environmental Enrichment**

All food comes out of toys (well, except training food). Morning meal comes when you leave. All uneaten food gets picked up when you get home (and not given at the next meal). Most dogs will not go hungry for more than a few days.

The critical time for SA is the first 30 minutes. If you can have them eat and work to get their meal during this time, then that will help a lot. Also, feed the evening meal at least an hour after you get home so that you arriving home doesn't mean food. This meal should be out of toys, too.

## **Low Key Returns**

Only respond to the dog when she is calm. The goal here is to even out the emotional rollercoaster that coming and going elicits in a dog (this is a quote-ish from Dr. Dodman). Obviously, no punishment - this makes SA seriously worse.

## **Independence Training**

Work on stays. No close contact while resting. That means the bed is off limits, too. We need to make the dog less of a velcro dog, so we do that by encouraging independent behavior while we are with the dog. Do not respond to demanding behavior.

Work on Dr. Overall's Relaxation Protocol (e-mail Stephani for a copy of this). The later days of this have out of sight stays. That will help a lot with confidence. Take the RP as slow as needed - you might have to repeat days for a long long time before moving on to the next day's steps.

## ***Reward calm, independent behavior.***

Think about doing obedience, rally or agility training. Some of the tasks in these venues means that the dog works away from you. Herding classes might be a good idea, too. Anything to increase your dog's life experience will also help increase her confidence. And, if she shows fear, give lots of food so that the fear lessens over time.

Try to exercise your dog immediately before leaving.

## **Medications**

There is absolutely nothing wrong with giving a dog medication to help with this. It is very effective to medicate at the beginning of the SA program and then wean off the medication as the dog becomes more confident and learned behavior is changed to confident behavior.

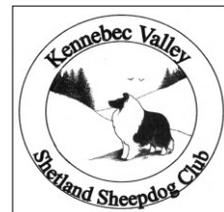
The FDA approved meds are Clomicalm and Reconcile. If you e-mail me, I can give you more information on them.

Please do not use Acepromazine. It is on the MDRI list and it has been know to make the dog's body relaxed, but not their mind, so the dog is still feeling fear (shudder).

Some people have had good results with melatonin for anxiety. This drug is over the counter and easily given in food.

Tryptophan is also used and some say that it works great. Overall, treatment for SA has a fairly good prognosis, but, like anxiety that humans suffer from, it will mean dealing with it for life.

If you have any questions or would like more information, please e-mail me at [smorancie@yahoo.com](mailto:smorancie@yahoo.com).





Don't complain, obedience train!

Saccarappa has a brand new website  
[www.socdogs.com](http://www.socdogs.com)

Please check out the new site. We would love suggestions, more pictures and brags! You can send them to [bex@pawsink.com](mailto:bex@pawsink.com)

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The new site also has a  
**MEMBERS ONLY SECTION**

where you will find information about meetings, the monthly newsletter and a link to sign up for the new S.O.C. google group! The Members Section password is 854dogs

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### **S.O.C. Google Group**

A Google Group is a form of email that supports group communication without needing to have individual emails for everyone in the group. One email address will send to the entire group. It's quick and effective and a great way to look back if you missed something! This will be the main form of email communication for "CLUB" emails. IE: you will receive emails about events, meetings and classes via this group.

**Please sign-up as soon as you can.**

[bex@pawsink.com](mailto:bex@pawsink.com) if you have any questions



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